

Step II

Go back to your list and strike through (with a single line) any events that cast your self-image in the wrong light.

Now go back and put a star next to events that make your life look like a relatively straight path in the direction that you stated at the top of page 1.

Step III

Stages of my past:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Match events to stages and keep the descriptions short. You want your story to peak an interest and not give everything away just by saying it. Consider that if you're story, or just a part of it, resonates with someone; they will ask you to elaborate or go deeper. The purpose of your story is to build a summary that entices the listener and clearly states **who you are, where you're going and how you got this far**.

Name: _____ **Date:** _____

My direction for this life (Life Goal): _____

Step IV

Write your story:

What is your story missing?

Step V

Plan to continue your story: